Tentative Agenda

September
- Introduction to age-friendly health systems
- Individuation: The geriatric imperative
- Multi-complexity

October
- Team functionality and assessment
- Project design and management for curriculum development and practice change
- Evolving case studies

November
- What matters most to the patient
- Social determinants of health
- The Richmond Health and Wellness Program
- Community resources

December
- Advance care planning
- Prognostication and goal setting
- Medications and deprescribing

January
- Cognitive function (the 4 Ds)
- Dementia caregiving and habilitation therapy
- Music and memory
- Community resources for mentation

February
- Mobility: falls and movement
- Evidence Based Practice for falls
- Assistive devices
- Medication management

March
- Health policy
- Value-based care
- Care transitions
- Emergency preparedness

April
- Virginia Geriatrics Society Annual Conference
  (complimentary with CIRCAA)

May
- Family caregiving
- Cultural sensitivity in practice
- Abuse and neglect

June
- Capstone Project presentations

CIRCAA is a practical, case-based, person-centered, interprofessional learning experience

For more information and to apply, visit go.vcu.edu/circaa or email us at vgec@vcu.edu

Applications will be accepted until September 1, 2019

Funding for this program is provided by the Bureau of Health Professions (BHPr), Health Resources and Services Administration (HRSA) Department of Health and Human Services under Grant No. U1QHP28744.

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Creating Interprofessional Readiness for Complex & Aging Adults

A Faculty & Clinicians Development Program

CIRCAA
The Virginia Geriatric Education Center is an interprofessional consortium of Virginia Commonwealth University, Eastern Virginia Medical School, the University of Virginia, and George Mason University, with representatives from nine professions. Its mission is to improve interprofessional geriatrics education in Virginia through faculty development, continuing education, and clinical training in geriatrics.

VGEC professionals comprise the core faculty of this program, serving as instructors, discussion leaders, and mentors to participants.

There is a critical shortage of health care professionals trained in geriatrics to care for older adults. Federal funding to the VGEC is intended to expand not only the numbers of health care professionals directly trained in interdisciplinary geriatrics, but also the numbers of colleagues and students whom these Scholars subsequently train.

The Virginia Geriatric Education Center

The interprofessional curriculum is guided by the Interprofessional Education Collaborative (IPEC) competencies, as well as discipline-specific competencies, and the Hartford Foundation’s “4Ms” Framework for age-friendly health systems. The program aims to improve care for complex older patients by enhancing the capacity of clinicians and educators to affect patients, learners, and team members.

The program includes in-person monthly seminars, independent study, an interprofessional practicum, and a capstone project. Monthly seminars consist of active learning led by an interprofessional team of educators. The 9 once-monthly sessions are complemented by free registration to the Virginia Geriatrics Society’s annual conference for CMEs and CE.

Capstone Project

Learners (called Scholars) work with VGEC mentors and their fellow Scholars on a capstone project over the course of the program. Scholars work to develop, implement, and evaluate an interprofessional curricular or practice-based action plan of their own choosing, by incorporating the content and experience provided by the program.

Practicum

Learners participate in the Richmond Health and Wellness Program, an innovative, interprofessional care coordination and wellness clinic for older adults in low-income housing communities modeling age-friendly care.

Benefits

- Augment your ability to meet the needs of a complex, aging population
- Learn core elements of clinical geriatrics
- Gain the skills needed to foster team-based, gero-friendly initiatives in your workplace
- Enhance your teaching, practice or research portfolio
- Catalyze change within your clinical practice or education setting to better serve older adults
- Strengthen your clinical practice and/or teaching efficacy
- Develop research and evaluation skills
- Expand your interprofessional network
- Become an age-friendly resource for others on your campus or in your practice
- Earn up to 21 CE/CME credits through the VGS annual conference

Requirements

- Attend at least 70% of in-person meetings
- Program cost: $250

Apply online by September 1st at go.vcu.edu/circaa