



SEARCHING FOR A FREE RESOURCE TO
INCREASE YOUR KNOWLEDGE ABOUT
ALCOHOL AND AGING?
FREE ONLINE COURSES AVAILABLE!



The Alcohol and Aging Awareness Group (AAAG), in partnership with the Virginia Association of Community Service Boards, is pleased to launch free online training courses for service providers that address alcohol, medications and aging.

The three web-based training sessions were originally presented during the 2008 and 2009 AAAG conferences, *The Hidden Epidemic: Alcohol, Medication and the Older Adult*, supported through Virginia's Geriatric Training and Education initiative administered by the Virginia Center on Aging at Virginia Commonwealth University.

To access go to <http://vacsb.elearning.networkofcare.org>

Click on Course Providers (or Catalogs/Categories) and select Alcohol and Aging Awareness Group. Users then must log in to complete the courses that include pre/post tests, videos, power points, and certificates of completion. **Social Work CEUs are offered by the VCU School of Social Work. The Mid-Atlantic ATTC is providing SACAVA, NBCC, and NAADAC contact hours.**

Note: Internet Explorer 6 or higher must be used to access this web site.

The three highlighted sessions include:



Paul F. Aravich, Ph.D., Department of Pathology and Anatomy; Division of Geriatrics, Department of Internal Medicine, Eastern Virginia Medical School. In *Alcohol and Aging: The Good, the Bad & the Ugly*, Dr. Aravich draws from his vast neuroscience expertise and teaching experiences to dynamically relate the physiological basis for alcohol's good, bad and catastrophic effects in older adults. Learners also are informed of the relations between alcohol and dementia, as well as traumatic brain injury. (Run time: 44 minutes)



Dr. Frederic C. Blow, Ph.D., Professor of Psychiatry and Director, Mental Health Services Outcomes & Translation Section, University of Michigan Medical School; Director, VA National Serious Mental Illness Treatment Research and Evaluation Center (SMITREC). *Screening and Brief Intervention for Older At-Risk Drinkers* outlines the history and what is currently known about the effectiveness of brief interventions. The presentation lays out the FRAMES approach to motivational enhancement and the rationale for each of the brief interventions steps. (Run time: 1:09:20 hours)



Debra Jay, nationally known speaker, author, and interventionist specializing in older adults. *Aging and Addiction: Helping Older Adults Overcome Alcohol and Medication Dependence* provides a step-by-step guide to working with addicted older adults and offers insightful recommendations for understanding the responses of families. (Run time: 1:03:39 hours)

For questions please contact:

Regina Whitsett

regina.whitsett@abc.virginia.gov

804-213-4445

