Using Discipline Specific Competencies to Create an Age-Friendly Interprofessional Curriculum

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Background
- Older adults require complex and diverse care best delivered through interprofessional collaboration (Goldberg, Koontz, Rogers, & Brickell, 2012).
- Often, health systems and health providers are ill-equipped to deliver age-friendly care (Institute for Healthcare Improvement, 2019).
- In response, the Virginia Geriatric Education Center (VGEC) developed Creating Interprofessional Readiness for Complex and Aging Adults (CIRCAA), a 100-hour faculty and clinician development program for health care professionals focused on the 4Ms of age-friendly care.
- The 4Ms are:
  - What Matters
  - Medication
  - Mentation
  - Mobility

Methodology
- Accumulated disciplinary and organizational competencies that applied to older adults and interprofessional teamwork
- Mapped those competencies to the 4Ms and other pre-determined topics (e.g., multi-complexity, interprofessional teamwork, and value-based care)
- Identified themes and sub-topics to create session foci
- Wrote learning objectives to align with session foci

Course Outline

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<th>Session Month</th>
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| September     | • Introduction to age-friendly health systems  
    • Introduction to geriatrics  
    • Multi-complexity |
| October       | • Introduction to action research design and management  
    • Interprofessional teamwork |
| November      | • Social determinants of health  
    • Community and financial resources that address social determinants of health |
| December      | • End-of-life care/Advanced Care Planning  
    • Patient goal setting and prognosis  
    • Medications  
    • Deprescribing |
| January       | • Three Ds (Delirium, Depression, & Dementia)  
    • Lifelong disabilities  
    • Dementia caregiving  
    • Habilitation therapy  
    • Non-pharmacological dementia interventions  
    • Community resources for mentation |
| February      | • Interprofessional falls assessments and interventions  
    • Community resources for falls  
    • Mobility and barriers to mobility |
| March         | • Health policy overview  
    • Value-based care  
    • Care transitions  
    • Emergency preparedness |
| May           | • Family caregiving  
    • Cultural sensitivity  
    • Elder abuse, neglect, and exploitation |

Program Goal: Create age-friendly practitioners who are knowledgeable of person-centered care

Included Disciplinary & Organizational Competencies

- Geriatric Psychiatry
- Physical Therapy
- Medicine
- Social Work
- Nursing
- American Geriatrics Society
- Occupational Therapy
- Interprofessional Education Collaborative Practice
- Pharmacy

Acknowledgements

This presentation is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28744, Geriatrics Workforce Enhancement Program. The information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government. The authors thank the VGEC Plenary group who substantially contributed to the design and development of the CIRCAA program.