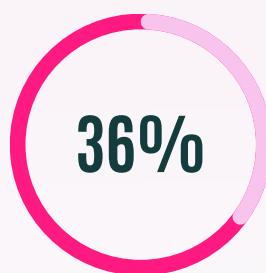


# THE VIRGINIA MEMORY PROJECT

The first expansive web-based brain health registry in the Commonwealth of Virginia striving to support those with memory concerns, today and tomorrow.

Dementia is not a disease itself, but an umbrella term for a group of symptoms. At least two of the following must be impaired in order to be considered dementia:

- Memory
- Communication and Language
- Ability to focus and pay attention
- Reasoning and judgement
- Visual Perception



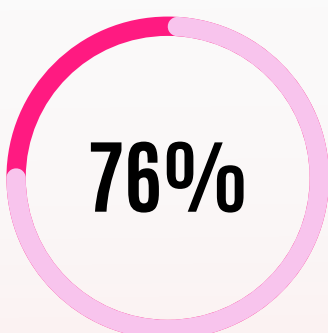
Those who are cared for have a confirmed diagnosis of Alzheimer's or Dementia.



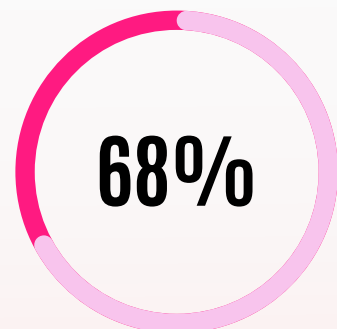
The average age of individuals being cared for is



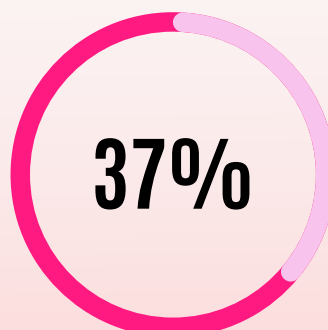
The Virginia Memory Care Project is a survey for ALL adults in Virginia. In 2 minutes, answer questions about brain health, memory, and caregiving, and we will use your responses to pinpoint where more caregiving and memory support funds are needed. If you have brain health or caregiving need, let us know, and we will be happy to help--otherwise, your answers will be used to help others with brain health and caregiving needs. Giving your name is optional, and responses are stored in a secure database!



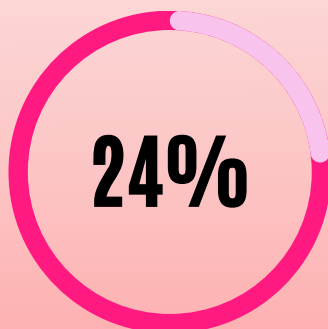
Caregivers identify as female and provide support to either a parent, spouse, or grandparent.



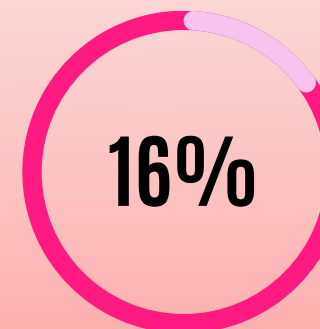
Caregivers do not engage the individual in memory care practices.



Caregivers report increased stress in relation to caring for an individual with Dementia or Alzheimer's.



Caregivers provide assistance with eating, dressing, or bathing.



Caregivers assist in cleaning, managing money, and meal preparation.



Scan the QR code with your cellphone or, enroll on your desktop using the url:

<https://redcap.vcu.edu/surveys/?s=JDJRYYP3WLT7Y>