The mission of the Virginia Center on Aging is to advance health, well-being and equity for the elders of today and tomorrow. Our innovative research, critical education and impactful service strive to make Virginia a place where its people can thrive at every age.

Following are the highlights from our 2024 Annual Update, under the themes Connection, Communication, and Collaboration.

### Connections

The Lifelong Learning Institute in Chesterfield
- Offered 800+ courses to 1300+ members (midlife and older adults).
- New transportation program: members have access to free transportation to and from classes.

Social Health Connector on Virginia Easy Access
- An online tool to enhance elders' social health.
- Users answer a series of questions and receive a personalized Social Health Connection Plan.

Elder Justice Learning & Research Hub
- Drives research and partnerships for action.
- Knowledge on safeguarding against, and responding to, elder abuse, and resources for professionals and allies.

Virginia Helping Elders Access Resources
- Safety Connector to Access Resources
- Elder Abuse & Ageism Program

Alter
- A dementia caregiving education program in African American faith communities to provide a supportive environment for families affected by dementia.

### Communication

Alzheimer’s and Related Diseases Research Award Fund
- Letters of Intent due February 2, 2024
- Applications due March 1, 2024

Age in Action Newsletter & Research and Issue Briefs
- Subscribe and/or submit to our Age in Action newsletter to stay abreast of programs, issues and research.

### Collaborations

Virginia Geriatric Education Center & Consortium
- VGEC is involved in a number of initiatives and education programs across the state, including CIRCAA, the DEI Newsletter, Senior Connections are more.

Virginia Memory Project
- A survey about brain health, memory, and caregiving.
- The first expansive web-based brain health registry in Virginia.

Richmond Brain Health Initiative
- VCU professionals provides brain health and memory support inc. over-the-phone health education, support, coaching, and navigation.

Virginia Center on Aging Toolkits
- Age and Ability Inclusion Toolkit for Senior Living
- Trauma-Informed Care Toolkit

Featured in *The Virginia Dementia State Plan 2024-2027* (p. 28 & 33)