Virginia Center on Aging Annual Update Highlights

The mission of the <u>Virginia Center on Aging</u> is to advance health, well-being and equity for the elders of today and tomorrow. Our innovative research, critical education and impactful service strive to make Virginia a place where its people can thrive at every age.

Following are the highlights from our 2024 Annual Update, under the themes Connection, Communication, and Collaboration.

Connections



The Lifelong Learning Institute in Chesterfield

- Offered 800+ courses to 1300+ members (midlife and older adults).
- New transportation program: members have access to free transportation to and from classes.



Social Health Connector on Virginia Easy Access

- An online tool to enhance elders' social health.
- Users answer a series of questions and receive a personalized Social Health Connection Plan.





Elder Justice Learning & Research Hub

• Drives research and partnerships for action.

 Knowledge on safeguarding against, and responding to, elder abuse, and resources for professionals and allies.



Virginia Helping Elders Access Resources

Virginia <u>H</u>elping <u>E</u>lders <u>A</u>ccess <u>R</u>esources to address and prevent elder mistreatment

Safety Connector to Access Resources



Elder Abuse & Ageism Program



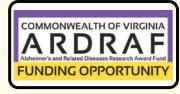


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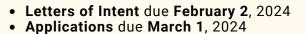
 A dementia caregiving education program in African American faith communities to provide a supportive environment for families affected by dementia.



Communication



Alzheimer's and Related Diseases Research Award Fund



Details here:





Age in Action Newsletter & Research and Issue Briefs

 Subscribe and/or submit to our Age in Action newsletter to stay abreast of programs, issues and research.



Collaborations



Virginia Geriatric Education Center & Consortium

 VGEC is involved in a number of initiatives and education programs across the state, including CIRCAA, the DEI Newsletter, Senior Connections are more.





Virginia Memory Project





The first expansive web-based brain health registry in Virginia.





Richmond Brain Health Initiative

 VCU professionals provides brain health and memory support inc. over-the-phone health education, support, coaching, and navigation.





Virginia Center on Aging Toolkits

Age and Ability Inclusion Toolkit for Senior Living



Trauma-Informed Care Toolkit





Featured in The Virginia Dementia State Plan 2024-2027 (p. 28 & 33)









