Welcome

Tracey Gendron, PhD
Executive Director
Virginia Center on Aging

Kiersten Ware, MS
Deputy Commissioner for Aging
Virginia Department for Aging and Rehabilitative Services
The Virginia Center on Aging and VCU Gerontology Team
Thank you to the General Assembly for your continued support.

Photo Credit: Charlotte Rene Woods, Times-Dispatch
Thank you to our funders.
Kiersten Ware
Deputy Commissioner
Division of Aging Services
Virginia Department for Aging and Rehabilitative Services
Connections

Presenter
Rachel Ramirez, MPA
Executive Director
Lifelong Learning Institute in Chesterfield
Lifelong Learning Institute in Chesterfield
Lifelong Learning Institute in Chesterfield

What's the key to not missing classes at LLI?

FREE RIDES FOR ALL LLI CHESTERFIELD MEMBERS!

CATCH A RIDE!

OUR TRANSPORTATION PROGRAM IS FREE FOR LLI MEMBERS!

GET STARTED TODAY!
FILL OUT OUR ONLINE INTEREST FORM OR STOP BY THE OFFICE
Lifelong Learning Institute in Chesterfield
Lifelong Learning Institute in Chesterfield

Instructors

Membership

Spread the Word
Community and Continuing Education

“Equipping and affirming Virginia's eldercare workforce community to bring forth meaningful change"

Email: GeroCCE@vcu.edu

Each icon is clickable
Social Health Connector

**Virginia Easy Access**

Easy Access is your No Wrong Door to a supportive community. Here, you will find:

- **Access** to thousands of local resources at your fingertips.
- **Options** to explore tools on your own or with a certified professional.
- **Answers** that you have been looking for.

Keep exploring to find services, supports, programs, and tools to make your life easier.

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**Service Finder**

Get help with housing, in-home services, transportation programs and more.

- Service Finder

**Social Health Connector**

This tool encourages you to consider social connections in your life right now. You’ll receive your own Social Connection Plan based on your responses to a short questionnaire.

- Lets Go!
Virginia HEAR: Helping Elders Access Resources
A Twin Track Approach to Address and Prevent Elder Mistreatment

COMING SOON!

**Virginia Easy Access**

Connects users to local resources, via web or phone, to prevent and support elders experiencing abuse.

**Elder Abuse & Ageism Multimedia Program**

Educates to recognize, prevent, and address elder mistreatment. Focus on ageism and linking systems of care.
Introducing Elder Justice Learning & Research Hub

Elder Justice Learning & Research Hub

Welcome to the Elder Justice Learning and Research Hub. We address the abuse of adults 50 years of age and older across Virginia, and nationally. We bring professionals together from diverse fields, such as law enforcement, victim advocacy, social services, the faith community, criminal justice, housing, healthcare, aging services, and more. Through these collaborations we aim to piece together and address the whole story – the whole person – the whole system. Ultimately to improve the lives of those in our communities who have experienced abuse in later life.

We have compiled information for you to learn how to safeguard against, and respond to elder abuse. We have also compiled a range of resources to guide and support professionals and allies. You can also find out how to get involved.

Learn how to safeguard against, and respond to elder abuse

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Making Virginia a Safe Place to Grow Old
Creating Dementia Friendly Congregations
Inspiring and Equipping Faith Communities

Education  Toolbox  Consultation
Communication

Presenter
Andrea Price, MPS, MBA
Project Specialist for Aging and Wellness Promotion
Virginia Center on Aging
Quarterly publication with a distribution list of nearly 10,000.

To share a program or research with professionals across Virginia, send your content to the editor Kim Ivey at ksivey@vcu.edu.
The Flower Project

Research Opportunity
Focus groups for caregivers and people at risk for Alzheimer’s disease and related disorders (ADRD). To find out why and how people make decisions about treatment for ADRD.

Interested?
Contact Maddie McIntyre at VCU College of Health Professions, Dept. of Gerontology at mcintyremm@vcu.edu
2023-2024 Award Recipients

University of Virginia
Norambuena, A. | Mitochondrial Metabolic Rewiring

Virginia Commonwealth University
Heise, R., and Sun, D. | Inflammasome

Virginia Commonwealth University
Dautovich, N., and Dzokoto, V. | Black Caregivers' Stress

George Mason University
Inoue, M., Hand, M., and Koizumi, N. | Group Digital Gaming

Mary Baldwin University
Haberman, R. | Resilience to Memory Decline
Thank you to the 2023-2024 Awards Committee

Paul Aravich, PhD
Eastern Virginia Medical School

Severn Churn, PhD
National Institute of Health

Christine Jensen, PhD
Riverside for Excellence in Aging and Lifelong Health

Michael Pyles, PhD
Virginia Commonwealth University

Patty Slattum, PharmaD, PhD
Virginia Commonwealth University

George Worthington, MS
Virginia Dept. of Aging and Rehabilitative Services

Special thank you to Mrs. Russell Sullivan for her generous contribution in memory of her husband who died of dementia.
And thank you to the 2023-2024 External Reviewers

- Frank Castora PhD, EVMS
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- Ethlyn Gibson-McQueen DNP, EVMS
- Rodney Guttmann PhD, UWFL
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- Lindsey Ryan PhD, UMICH
- Lana Sargent PhD, VCU
- Patricia Trimmer PhD, VCU
Commonwealth of Virginia
ARDRAF
Alzheimer’s and Related Diseases Research Award Fund

Letters of Intent due February 2, 2024
Applications due March 1, 2024

For more information, email ardraf@vcu.edu.
Aging for All Podcast
Collaboration

Presenter
Annie Rhodes, PhD
Assistant Professor
Director, Virginia Memory Project
Virginia Center on Aging, VCU Gerontology
Statewide Partners’ Resources

Training materials and other resources to realize Virginia’s Dementia State Plan.

Each image and QR code is clickable.
Geriatric Training Education (GTE) Initiative

2023-2024 Award Recipients

Virginia Pharmacy Association
The 5M’s, Polypharmacy and Deprescribing, Oh My! Educating Pharmacists and Pharmacy Technicians

Commonwealth Council on Aging, Dept. for Aging and Rehabilitative Services
Addressing Awareness of Older Adult Malnutrition and Food Insecurity

Radford University
Enhancing Geriatric Care Competency: A Virtual Reality Continuing Education Program for Social Workers

Senior Services of Southeastern Virginia
Training Homeless Continuum of Care Partners on Best Practices in Working with the Older Adult Homeless Population
Age & Ability Inclusion Toolkit for Senior Living

Enhancing Age and Ability Inclusion

- Ageism and Ableism in Senior Living
- How to Use This Toolkit
- Community Dialogue Guide
- Glossary of Terms
- About this Toolkit

Resources and Assessments for Individuals

Organizational Assessment

CLICK HERE

www.ageismtoolkit.vcu.edu

Ageism Toolkit
6 Principles of Trauma-Informed Approaches

SAFETY
Physical and psychological safety are prioritized within the organization; for staff and people who are served. Understanding how people perceive safety is key.

TRUSTWORTHINESS & TRANSPARENCY
In its operations and decisions, organizational business is conducted with transparency. A goal exists to build trust among all who interact with the organization.

PEER SUPPORT
People’s stories and lived experiences are valued as key to building safety, establishing trust, and growth after healing. Mutual self-help and peer support are valued as vehicles for recovery and growth.

COLLABORATION & MUTUALITY
Everyone has a role to play in a trauma-informed approach. Power differences between staff and people being served and within staff are leveled in favor of shared decision-making.

EMPOWERMENT, VOICE, & CHOICE
Individuals’ strengths and experiences are recognized throughout the organization. The culture fosters a belief in resilience and in the ability to promote recovery from trauma.

CULTURAL, HISTORICAL, & GENDER ISSUES
Moves past cultural biases; leverages cultural connections for healing; gender responsive services; policies and protocols respond to racial, ethnic and cultural needs of people served; recognizes and addresses historical
VGEC: Teaching Collaborators in CIRCAA:
Creating Interprofessional Readiness for Complex and Aging Adults

2023-2024 Cohort
VICGEC: Senior Mentoring Program

VCU’s School of Medicine and the Virginia Center on Aging pair medical students with community dwelling older adults for three interviews to positively influence the ability of future physicians.

94% of our Mentors stated that they are dedicated to participating in the program in the years to come.
Virginia Department of Health
Elder Justice Campaign

Safe At Every Age

Live Free From Fear & Abuse

Let's end elder abuse. Everyone deserves to be safe, secure, and respected—at home and in the community.
Virginia Memory Project
A Registry with a Heart
Collecting Data and Connecting Services

1. **Education**
   - Caregiver Conversations: Online forum to connect and educate caregivers.
   - Age-Friendly Care and Dementia Learning Modules

2. **Community**
   - Alter: Dementia Faith Villages.
   - Dementia Messaging Group: Convening resources and collaborations.

3. **Data**
   - Claims Data: for monitoring hotspots and cold spots of diagnosis.
   - Self-Enrollee Data: with education requests, memory assessment, and Social Determinants of Health.

4. **Connection to Services**
   - Social Work: support to local community, and clinical services.
HealthLandscape Virginia
Dementia in Virginia
Underdiagnosed, undercounted, undertreated: How a responsive registry addresses this urgent issue

- VCOA Issue Brief
- Objective 2.2 of the Virginia Dementia State Plan 2024-2027

Objective 2.2 Support the Virginia Memory Project (VMP) as it builds the Pathway to Care ADRD registry. (HB1 M-2)

Strategies
- Advocate for legislation to codify Virginia’s ADRD registry.
- Collaborate with VMP to increase awareness and understanding of the need for and uses of a statewide ADRD registry.
- Utilize data from the VMP to inform program and service development and delivery.
Richmond Brain Health Initiative (RBHI)

A Team of VCU Professionals

Providing brain health and memory support:
Over-the-phone health education, support, coaching, and navigation.

There is no commitment and **no cost**.

Email: rbhi@vcu.edu | Call: 804-828-1126
Thank you from the Virginia Center on Aging and VCU Gerontology Team