

**School of Allied Health Professions  
Virginia Center on Aging (VCoA)  
Annual Report  
July 1, 2010 to June 30, 2011**

**1. New instructional initiatives**

- VCoA's Lifelong Learning Institute, a community-based program for mid-life and older adults that is operated in partnership with Chesterfield County government, offered 378 daytime, non-residential, college-level courses, with 9,075 registrations. This represents an increase of 97 courses over the previous year.
- VCoA initiated a new Chautauqua Road Scholar offering, a five- day residential learning program for older adults, at Natural Bridge, VA, in March 2011, with 54 registrants.

**2. Rankings**

- VCoA maintained the Top 20 designation for its VCU Road Scholar/Elderhostel programming.

**3. New Faculty Recruitments**

- Adjunct Faculty with new appointments include:
  1. Sylvia Evans
  2. Jeffrey D. Ruggles
  3. Scarlett Sams
  4. Susan Umidi
- Professional Faculty
  1. Leland H. Waters

**4. Research and Scholarship**

- a) List all private foundation submissions and awards (only those that did not go through sponsored programs)  
None
- b) List number of books, peer-reviewed journal articles, and book chapters (manuscripts that entered print in this year only)

One journal article and one published report:

Coogle, C. L., & Hellerstein, J. M. (2010). A tale of two southern cities. *The Southern Gerontologist, XXII* (3-4), Fall / Winter.

Coogle, C. L., Brown, K. W., Hellerstein, J. M., & Rudolph, A. (2011). *Mindfulness-based Alzheimer's caregiving: A randomized controlled trial--Replication Report.*

- c) List number of faculty who have contributed to these publications  
Two

- d) List number of papers or posters presented at state, regional, national, or international meetings

Five professional presentations, as follows:

Ansello, E.F. Marginal gerontology and the curriculum palette, The Clark Tibbitts Lecture. 37<sup>th</sup> Annual Meeting of the Association for Gerontology in Higher Education, Cincinnati, OH, March 2011

Ansello, E.F. Aging and disability resource networks: Opportunities and challenges. 32<sup>nd</sup> Annual Meeting of the Southern Gerontological Society; Raleigh, NC; April 2011.

Coogle, C. L., & Hellerstein, J. M. Coordinated services for older adults at risk due to substance misuse or abuse: Using conference evaluation data to identify needs and plan for maximum impact. 63rd Annual Scientific Meeting of the Gerontological Society of America; New Orleans, LA; November, 2010.

Hellerstein, J. M. Web-based strategies for program assessment and support in the new aging enterprise. 32<sup>nd</sup> Annual Meeting of the Southern Gerontological Society; Raleigh, NC, April 2011.

Waters, L., Coogle, C. L., Hellerstein, J. M., Hong, S., & Ansello, E. F. Over-representation in medically underserved practice sites among educationally or economically disadvantaged health professionals participating in Virginia's Geriatric Training and Education Initiative. 63rd Annual Scientific Meeting of the Gerontological Society of America; New Orleans, LA, November, 2010.

- e) List number of faculty who have contributed to these publications  
Five faculty or staff members contributed to these presentations.

- f) List any faculty awards received  
Edward F. Ansello received the Tibbitts Award from the Association for Gerontology in Higher Education, the highest recognition in this field, and delivered the Tibbitts Lecture at the Association's annual meeting in March 2011.

## **5. Facilities**

List any major facility upgrades  
None

## **6. Community and Public Service**

- a) List community engagement activities completed by faculty, staff, students

VCoA staff (noted in parentheses) contributed technical assistance, knowledge transfer,

and other professional assistance in response to community needs by working with at least 22 community organizations and groups, including the following:

- Alcohol and Aging Awareness Group, (Coogle)
  - Alzheimer’s and Related Disorders Commission, Research Workgroup, State Plan for Dementia Care (Coogle)
  - Area Planning and Services Committee on Aging with Lifelong Disabilities (Ansello)
  - Central Virginia Task on Domestic Violence in Later Life (Ansello, Furr, Kupstas)
  - Chesterfield Council on Aging (Ansello)
  - Equality Virginia’s Anti Violence Project (Furr)
  - Family and Children’s Trust Fund, Advisory and Editorial Committees (Furr)
  - Growing Younger Program of the YMCA of Greater Richmond (Ansello)
  - Governor’s Domestic Violence Advisory Board , Commonwealth of Virginia, Subcommittee on underserved populations (Kupstas, chair; Furr, appointed resource)
  - Lifelong Learning Institute of Chesterfield (Board of Directors) (Stephan, Ansello)
  - Metro Richmond Sexual & Domestic Violence Coordinating Committee (Furr, Kupstas)
  - National Association of State Mental Health Program Directors, Office of Technical Assistance (Coogle)
  - National Clearinghouse on Abuse in Later Life, trainer (Furr)
  - Older Dominion Partnership (Ansello, Kupstas)
  - Richmond Age Wave Planning, Livable Communities Workgroup (Kupstas)
  - Richmond Fatality Review (Furr, Kupstas)
  - Statewide Domestic Violence Action Team, Virginia Department of Social Services (Furr)
  - Virginia Arthritis Action Coalition (Executive Committee) (Ansello)
  - Virginia Coalition for the Prevention of Elder Abuse (Board of Directors) (Ansello, Furr)
  - Virginia Department of Criminal Justice Services, Victim Services Academy, Planning Committee (Furr)
  - Virginia Health Promotion for People with Disabilities (Ansello)
  - Virginia Sexual and Domestic Violence Action Alliance (Governing Board) and its Wild Women of Wisdom Task Force (Furr, Kupstas)
- b) List faculty who serve at state, regional, or national levels for professional organizations  
Ansello (Gerontological Society of America)  
Ansello (Southern Gerontological Society)  
Coogle (Southern Gerontological Society)  
Waters (Association for Gerontology in Higher Education)  
Waters (Gerontological Society of America)
- c) List faculty who serve on scholarly journal editorial boards  
Ansello (*Journal of Policy and Practice in Intellectual Disabilities*)  
Coogle (*Gerontology and Geriatrics Education* and *Journal of Applied Gerontology*)  
Hellerstein (*The Southern Gerontologist*)