#### **RESEARCH BRIEF**

# The Next Critical Turn for Ageism Research: The Intersections of Ageism and Ableism











#### **PURPOSE**

Aging represents how we change over time. Changes happen in our bodies, our minds, our emotions and in relationships and include growth as well as loss. We set out to understand if fear and prejudice toward disability (ableism) influence fear and anxiety about aging (ageism).

# Ageism & ableism are related.



#### **FINDINGS**

The intersecting elements of ability and age cannot be understood without one another, not only because with advanced age comes changing ability but also because much of the stigma and fear regarding aging appears to be grounded in ableism.

# WHAT'S NEXT

Ableism and ageism are inextricably intertwined. However, current research on ageism has largely ignored the influence of ableism. A better understanding of how the two are related will be important step forward for the field.

### **ABOUT**

#### **Key Words**

Ageism, Ableism, Intersectionality

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#### **Published**

The Gerontologist, Published June 2, 2023

#### Link to article

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