

WHAT MATTERS MOST?

A telehealth program for nursing home staff, residents, and residents' families

We are excited that you have decided to join us in developing the next generation of telehealth educational programs for nursing home staff, residents, and resident's families. Johns Hopkins University, Penn State, and Virginia Commonwealth University are working together to shape a new telehealth educational grant focusing on improving a sense of community, exploring opportunities to improve the quality of life for nursing home residents, and trying to understand what matters most to staff and their wellbeing. Guided by the IHI Age-Friendly 4 Ms (What Matters, Medication, Mentation, and Mobility), we will use a telehealth platform to engage your staff, residents, and family/caregivers. Our goal is to foster professional partnerships between nursing homes and academic health centers, enhance educational opportunities, and ultimately, improve health outcomes and quality of life for nursing home residents. Thank you for joining us on this important mission!

Each of you will select a communication preference (either email or text message) and agree for us to communicate with you during the duration of this grant. Please note that text message fees may apply. You will be receiving weekly links via email or text to help guide you through three modules, each of which contains 4 self-directed learning sessions and one group interactive session. Each of the self-directed learning sessions contain about 5-8 questions and a video around 5 minutes in length that helps focus around a particular topic. Each learning session would be expected to take around 15-20 minutes to complete. While we strongly encourage your engagement with fellow colleagues throughout this grant, it is important to recognize that we need to collect individual responses and ask that each of you complete the questions and watch the videos on your own.

What Matters Most Grant Outline

Week 1: Person Centered Care

(March 7 - 18, 2022)

4 self-directed learning sessions

1 live, interactive group session through zoom, Wednesday March 16, 2022, 6:30 - 7 PM EST

Week 2: Clinical Management of the 3Ds

(March 28 - April 8, 2022)

4 self-directed learning sessions

1 live, interactive group session through zoom, Wednesday April 6, 2022, 6:30 - 7 PM EST

Week 3: Management of Behavioral Symptoms and the Importance of Communication in Conflict Resolution and Safety

(April 25 - May 6, 2022)

4 self-directed learning sessions

1 live, interactive group session through zoom, Wednesday May 4, 2022, 6:30 - 7 PM EST

Again, thank you for making a difference and being part of this exciting grant opportunity to re-shape educational interventions for staff, residents, and families. Our work here will help guide national efforts around this important topic and help improve the quality of life for nursing home residents around the United States.

For more information: Contact Bert Waters at lhwaters@vcu.edu.

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