

For many, Diversity, Equity, and Inclusion (DEI) can feel overwhelmingly complex. This newsletter attempts to clarify important DEI concepts with brief, digestible resources that are thematically related to the monthly VGECC CIRCAA program curriculum. This month's DEI keyword:

Ableism

Discrimination against persons with mental and/or physical disabilities; social structures that favor able-bodied individuals.

Start a Dialogue

[Accessibility, Inclusion, and Action in Medical Education: Lived Experiences of Learners and Physicians With Disabilities](#) (UCSF, AAMC)

[Valuing Old Age Without Leveraging Ableism](#) (Journal of the American Society on Aging)

[Occupational Therapy Practice with Adults with Intellectual Disability: What More Can We Do?](#) (The Open Journal of Occupational Therapy)

[Kinesiology Students' Attitudes and Perceptions of People with Disabilities](#) (Dissertation, California State University, Northridge – direct link)

[Ableism Puts Lives at Risk During Coronavirus Pandemic](#) (Focus For Health)

Actions You Can Take

Listen: [The Disability Rights Movement, 30 Years After The ADA](#) (NPR, 35 min)

Watch: [Disabusing Disability: Striving for Diversity, Equity & Inclusion in Medicine](#) (Harvard Medical School, 2018 Leadership and Faculty Development Program Conference, 50 min)

Read: [4 Ways To Understand The Diversity Of The Disability Community](#) (Forbes)

Picture to Go

