

For many, Diversity, Equity, and Inclusion (DEI) can feel overwhelmingly complex. This newsletter attempts to clarify important DEI concepts with brief, digestible resources that are thematically related to the monthly VGEC CIRCAA program curriculum. This month's DEI keyword:

LGBTQIA+

An inclusive term covering people of all genders and sexualities, such as lesbian, gay, bisexual, transgender, questioning, queer, intersex, asexual, pansexual, and allies.

Be Informed

[Perspectives of LGBTQ Older Adults on Aging in Place: A Qualitative Investigation](#) (Journal of Homosexuality)

[Dismantling the Silence: LGBTQ Aging Emerging From the Margins](#) (The Gerontologist)

[Coping and healthcare utilization in LGBTQ older adults: A systematic review](#) (Geriatric Nursing)

Start a Dialogue

Resource: [Older Adults' Equity Collaborative Resource Library](#) (New York Academy of Medicine, Recommended by Dr. Patty Slattum)

Watch: [Safe and Visible: Creating a Care Facility Welcoming to LGBT Seniors](#) (LifeElderCare/Youtube, 33 min)

Read: [LGBTQ Americans Could Be At Higher Risk For Dementia, Study Finds](#) (NPR)

Listen: [Healthy Aging in the LGBTQ Community](#) (Penn State Engage Podcast, 12 min)

Picture to Go



Feedback? Submissions? Trouble accessing any of the articles?

Send a message to Chuck Alexander at charles.alexander@vcuhealth.org.