



Using Discipline Specific Competencies to Create an Age-Friendly Interprofessional Curriculum

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Program Goal: Create age-friendly practitioners who are knowledgeable of person-centered care

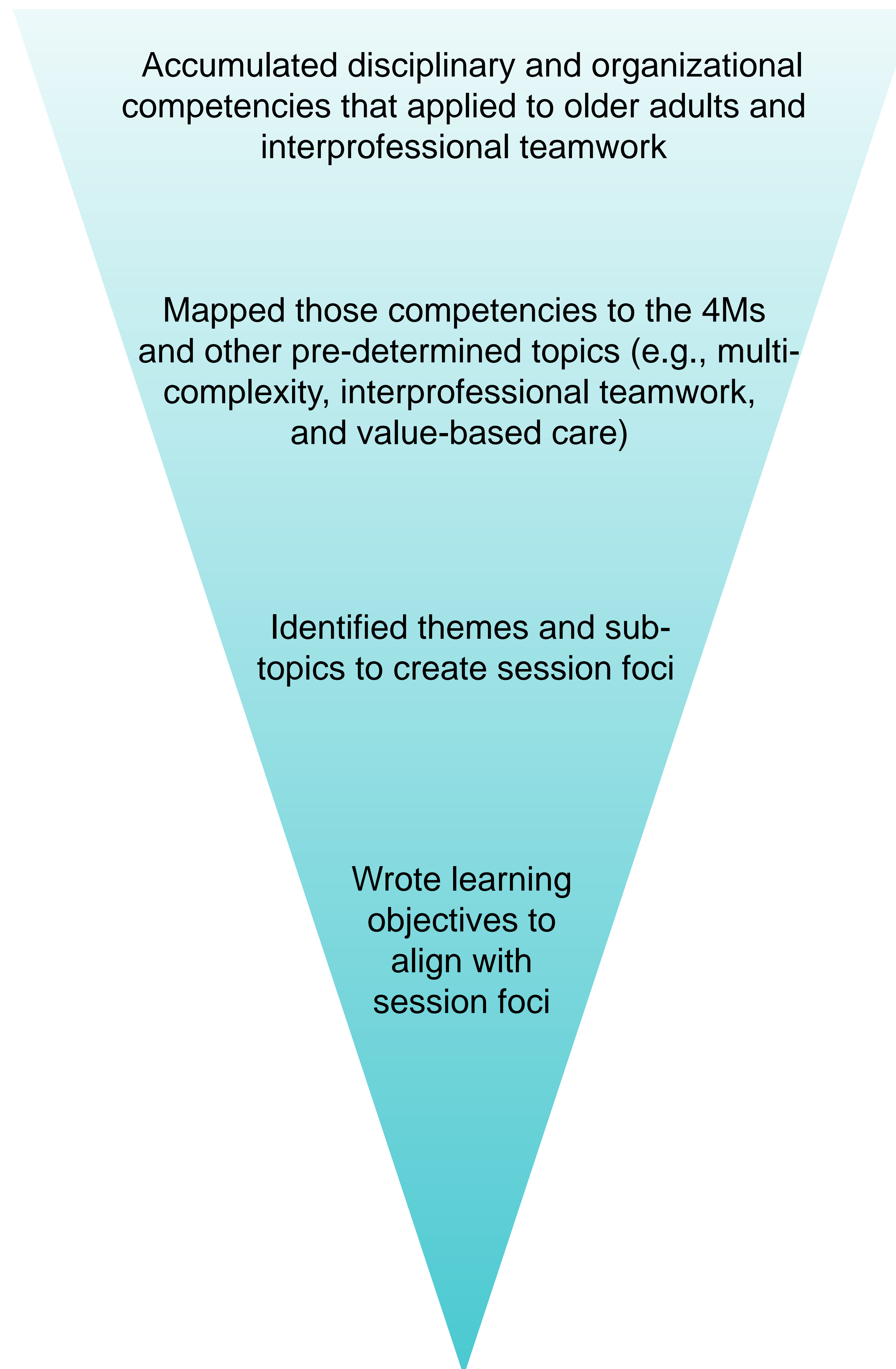
Background

- Older adults require complex and diverse care best delivered through interprofessional collaboration (Goldberg, Koontz, Rogers, & Brickell, 2012)
- Often, health systems and health providers are ill-equipped to deliver age-friendly care (Institute for Healthcare Improvement, 2019)
- In response**, the Virginia Geriatric Education Center (VGEC) developed Creating Interprofessional Readiness for Complex and Aging Adults (CIRCAA), a 100-hour faculty and clinician development program for health care professionals focused on the 4Ms of age-friendly care
- The 4Ms are:
 - What Matters
 - Medication
 - Mentation
 - Mobility

Included Disciplinary & Organizational Competencies

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| Geriatric Psychiatry | Physical Therapy |
| Medicine | Social Work |
| Nursing | American Geriatrics Society |
| Occupational Therapy | Interprofessional Education Collaborative Practice |
| Pharmacy | |

Methodology



Course Outline

Session Month	Session Foci
September	<ul style="list-style-type: none"> Introduction to age-friendly health systems Introduction to geriatrics Multi-complexity
October	<ul style="list-style-type: none"> Introduction to action research design and management Interprofessional teamwork
November	<ul style="list-style-type: none"> Social determinants of health Community and financial resources that address social determinants of health
December	<ul style="list-style-type: none"> End-of-life care/Advanced Care Planning Patient goal setting and prognosis Medications Deprescribing
January	<ul style="list-style-type: none"> Three Ds (Delirium, Depression, & Dementia) Lifelong disabilities Dementia caregiving Habilitation therapy Non-pharmacological dementia interventions Community resources for mentation
February	<ul style="list-style-type: none"> Interprofessional falls assessments and interventions Community resources for falls Mobility and barriers to mobility
March	<ul style="list-style-type: none"> Health policy overview Value-based care Care transitions Emergency preparedness
May	<ul style="list-style-type: none"> Family caregiving Cultural sensitivity Elder abuse, neglect, and exploitation

Acknowledgements

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